



Pre/Post-Summative Assessment Answer Key

Directions: The following questions will ask you about your knowledge of life skills, human reproduction and making healthy choices. Please answer the questions by circling the best answer or writing your response in the space provided.

- What are the 4 stages, in order, of the teenage sexual relationship continuum?
 - Stage 1 c Physical intimacy
 - Stage 2 a Flirting
 - Stage 3 b Dating
 - Stage 4 d Sexual intercourse
- Indicate whether each of the following is an indication that teens are entering the 'danger zone' of a relationship.
(Circle yes or no)

You feel good.	<u>Yes</u>	No
Emotions guide your body.	<u>Yes</u>	No
You make logical choices.	Yes	<u>No</u>
Hormones take over.	<u>Yes</u>	No
You can control your feelings.	Yes	<u>No</u>
Your brain is unable to make healthy choices.	<u>Yes</u>	No
- A research study showed that teens who watched TV shows with more sexual content were how many times as likely to become pregnant in the next 3 years as those who didn't watch such shows?
 - Three times as likely
 - Ten times as likely
 - Twice as likely
 - No effect
- Puberty happens at what age in the life cycle?
 - 8-10
 - 5-9
 - 16-19
 - 10-16
- A pattern of manipulation and control over another person is called what?
 - Virginity
 - Relationship abuse
 - Normal behavior
 - Pornography
- True or False: Sexual harassment is an abuse of power.
 - True
 - False
- Sexual harassment can be shown in three ways: verbal, nonverbal and physical.
- True or False: Sexual intercourse is a process of human reproduction.
 - True
 - False

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8. Match the changes during puberty and adolescence with the correct gender below.

M – Male F – Female B – Both

M Voice deepens
F Hips widen
B Acne develops
M Shoulders broaden
F Start of menstrual cycle
F Breast development
B Growth of body hair

9. True or False: If you are sexually harassed, don't ignore the situation.

a. **True** b. False

10. Match the type of sexual harassment by the actions described.

Level of harassment

a. Mild
 b. Moderate
 c. Severe

Description

a Dirty jokes
b Lewd gestures
c Gang or group threats
b Spreading false sexual rumors
a Staring
a Sexual gossip
c Threatening sexual activity
c Exposure/cornering
b Dirty pictures or letters
b Personalized graffiti

11. The time when one mentally, emotionally and socially begins to mature is called **adolescence**.

12. Match the term with the correct definition

Term

a. Abstinence
 b. Genitals
 c. Menstruation
 d. Monogamy
 e. Sperm
 f. STI
 g. Contraception
 h. Conception
 i. Vagina
 j. Virgin

Definition

f Contagious diseases spread mainly by sexual intercourse and other sexual behaviors
a Not participating in intimate sexual behavior
c The cyclic discharge of the uterine lining when pregnancy does not occur
g Use of devices or drugs to prevent pregnancy
h Also called fertilization – uniting of sperm and ovum
b External sex organs
e The male sex cells which are capable of fertilizing an egg
i Birth canal or female reproductive organ
j Person who has not had sexual intercourse
d Having one sexual partner only

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13. Identify whether or not the following things are signs of a healthy relationship.

<u>Yes</u>	No	Responsibility
Yes	<u>No</u>	Mistrust
<u>Yes</u>	No	Honesty
<u>Yes</u>	No	Open communication
<u>Yes</u>	No	Fairness and negotiation
Yes	<u>No</u>	No affection
Yes	<u>No</u>	Disrespect
Yes	<u>No</u>	Lies
<u>Yes</u>	No	Intimacy (emotional)
Yes	<u>No</u>	Violence
<u>Yes</u>	No	Trust and support

14. Chlamydia, herpes, gonorrhea and HPV are all examples of?

- a. ATMs
- b. NBCs
- c. **STIs**
- d. ATVs

15. True or false: Estrogen and progesterone are hormones.

- a. **True**
- b. False

16. True or false: The placenta is a pear-shaped, muscular-walled organ where the fetus develops for 9 months.

- b. True
- b. **False**

17. True or false: The fetus is the first stage of development of a baby.

- b. True
- b. **False**

18. What is the term for when a baby is born early?

premature birth

19. True or false: A breech birth is when the baby is born head first?

- a. True
- b. **False**

20. Identify whether the following statements are true or false regarding sexually transmitted infections.

T F The 2 most common viral STIs are HPV and herpes.

T **F** Males are most vulnerable to chlamydia.

T F A long-acting form of penicillin can cure syphilis.

T F HPV/genital warts are transmitted skin to skin.

T **F** 4 dose treatments are available to cure gonorrhea and chlamydia.

21. True or False: When feeding a baby, you don't need to support the head.

- a. True
- b. **False**

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22. Which of the following does not cause Shaken Baby Syndrome? (circle all that apply)

- a. **Being tossed up and caught**
- b. **Jerking in a carseat when a car stops suddenly**
- c. Severely and rapidly being shaken
- d. **Falling off furniture**
- e. **Being bounced on an adult's knee**

23. Which of the following are potential long-term effects of shaking a baby? (circle all that apply)

- a. **Coma**
- b. Sneezing
- c. **Blindness**
- d. **Death**
- e. Slow weight gain
- f. **Brain damage**
- g. **Paralysis**

24. Which of the following is an example of communicating assertively? (circle all that apply)

- a. **Say yes or no firmly**
- b. Be indirect
- c. **Share how you are feeling in a nice way**
- d. Use complex excuses
- e. **Don't attack or put down people**
- f. Don't make eye contact
- g. **Repeat yes or no as often as necessary**
- h. **Mean what you say**

25. What are some benefits of Abstinence? (circle all that apply)

- a. **Protection from STIs.**
- b. **Prevent against teen pregnancy.**
- c. Have more money.
- d. Become famous.
- e. **Avoid emotional harm.**
- f. **Prevent spiritual conflict.**
- g. Catch STIs.

26. Abstinence is **avoiding** sexual intercourse with another person.

27. Match the action with the corresponding part life skill.

- a. Assertiveness
- b. Communication
- c. Refusal
- c State a consequence
- c Suggest an alternative
- b Ask "Would you consider..."
- a Confidently stand up for what you believe
- b Share how you feel
- c Move away and leave door open

28. What are three life skills that will help you say 'no' to sexual activity while still having fun and keeping your friends?

- 1) **assertiveness**
- 2) **communication**
- 3) **refusal**

29. True or false: Inconsolable crying is the number one trigger for shaking an infant.

- a. **True**
- b. False

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30. What percentage of Shaken Baby Syndrome victims die from their injuries?

- a. 10-20%
- b. 60-70%
- c. **25-35%**
- d. 80-90%

31. **Self-control** is the ability to follow rules you set for yourself in life.

32. Indicate which of the following are behaviors that sexually active teens are more likely to be involved in:

Yes	<u>No</u>	social behavior
<u>Yes</u>	No	alcohol use
Yes	<u>No</u>	safe driving
<u>Yes</u>	No	tobacco use
<u>Yes</u>	No	illicit drug use
<u>Yes</u>	No	suicide
Yes	<u>No</u>	lack of depression

33. The average cost for ongoing treatment and in-home nursing care for SBS survivors per year is:

- a. \$10,000
- b. \$500,000
- c. **\$250,000**
- d. \$100,00